

RESOURCES FOR PROVIDERS SERVING TRANSGENDER AND GENDER NONCONFORMING YOUTH IN WISCONSIN

CREATING WELCOMING CLINICAL SETTINGS

The **Joint Commission** has published this Field Guide, featuring compilation of strategies, practice examples, resources, and testimonials, to help hospitals in their efforts to improve communication and provide more patient-centered care to their LGBT patients.

- **Website:** <https://www.jointcommission.org/lgbt/>

Human Rights Campaign Health Equality Index: The Healthcare Equality Index (HEI) is a national LGBTQ benchmarking tool that evaluates healthcare facilities' policies and practices related to the equity and inclusion of their LGBTQ patients, visitors and employees. Their website contains the application for this designation as well as toolkits and education for improving care in clinical settings and resources for patients.

- **Website:** <http://www.hrc.org/hej>

UCSF Center of Excellence for Transgender Health's training module, "**Acknowledging Gender and Sex**" is an online course to help clinic staff and providers create a welcoming environment for transgender people.

- **Website:** <http://transhealth.ucsf.edu/video/story.html>

CLINICAL CARE

UCSF Center for Excellence for Transgender Health: Information and resources about transgender health, including primary care guidelines.

- **Website:** <http://transhealth.ucsf.edu>

World Professional Association for Transgender Health: A non-profit, interdisciplinary professional and educational organization devoted to transgender health. WPATH publishes the Standards of Care, guidelines health professionals caring for transgender and gender nonconforming people.

- **Website:** <http://www.wpath.org/>
- Click on "Publications" for Standards of Care, 7th version

The Endocrine Society has also published guidelines (last in 2009) related to the medical care of transgender youth and adults.

- Hembree et al. "Endocrine treatment of transsexual persons: an Endocrine Society Clinical Practice Guideline," *J Clin Endocrinol Metab*, Sept 2009, 94(9): 3132-3154.

"Supporting and Caring for Transgender Children," published by the AAP, HRC, and ACOP, provides an excellent general overview of recommendations for care of transgender children, including addressing concerns about social and medical transition.

- **Website:** https://www.aap.org/en-us/Documents/solgbt_resource_transgenderchildren.pdf

Pediatric and Adolescent Transgender Health (PATH) Clinic at American Family Children's Hospital in Madison, WI. Our clinic provides the full spectrum of care, from simple observation and guidance to hormone suppression and hormone affirming therapy, for transgender and gender nonconforming youth.

- **Address:** 1675 Highland Avenue, Madison, WI 53792
- **Phone:** (608) 263-6420, select "Endocrine" option
- **Website:** <http://www.uwhealthkids.org/path>

SCHOOL EXPERIENCES

Gay Straight Alliance for Safe Schools (GSAFE): Committed to safe middle schools and high schools for lesbian, gay, bisexual, and transgender youths and all students. GSAFE provides leadership opportunities for students involved in a GSA or similar club and hosts several activities and leadership conferences for students each year. GSAFE also provides training and resources for public and private schools throughout Wisconsin.

- **Address:** 122 E. Olin Ave., Suite 209, Madison, WI 53713
- **Phone:** (608) 661-4141
- **Website:** <http://www.gsafewi.org/>

Madison Metropolitan School District (MMSD) LGBTQ Resources: Services provided include participation in crisis response/intervention when requested, referral of students and families to appropriate community resources, and availability to individual GLBTQ students at each school. Also coordinates a group for parents of transgender children and adolescents.

- **Phone:** (608) 663-8449
- **Email:** shohs@madison.k12.wi.us

FOR FAMILIES

Gender Spectrum Call-in Parent Support Groups: Once monthly call-in support group for adults raising gender nonconforming and transgender children. Free of charge. Call or email ahead of time for more information or to sign up.

- **Website:** <https://www.genderspectrum.org/we-can-help/national-call-in-support-group/>
- **Email:** info@genderspectrum.org

Parents, Families and Friends of Lesbians and Gays (PFLAG): PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, to cope with an adverse society, education, and advocacy to end discrimination and to secure equal civil rights. Many local chapters (including 11 in Wisconsin).

- **Website:** <https://www.pflag.org/find-a-chapter>

TransParent Support Group: See MMSD above. Families do not need to be within MMSD to attend.

BOOKS

If you read one book: *The Transgender Child: A Handbook for Families and Professionals*, by Stephanie Brill and Rachel Pepper