

Systems of Oppression & Privilege

Privileged Group	Characteristic	Targeted Group
White People	Race	People of Color
cis Men	Gender	cis Women, trans people
Upper Class, Middle Class	Class	Lower Middle Class, Working Class, 'Living in Poverty'
30-50	Age	Youth, Elders
Able Bodied People	Physical/ Mental Capability	Differently Abled
Heterosexual/ Straight	Sexual Orientation	Lesbian, Gay, Bisexual, Asexual, Queer
U.S. Citizen	Citizenship	Immigrant
Thin, European features, Straight hair, Light skin	Appearance	Thick, "Ethnic" features, Kinky hair, Dark skin
Christianity	Religion	Judaism, Islam, etc.
English	Language	Spanish, Chinese, Arabic, etc.